

## **May Ball First Aid**

### **Body fluids**

Personal safety – gloves, haztabs, clear up, wash hands

### **Drunk**

Diabetes, drugs, head injuries, stroke

How much? When? Food? Usual?

Aspiration, ‘alcohol poisoning’

Ensure they are rousable, recovery position

### **Blisters**

First aid management as usual

### **Medication**

Caution with paracetamol if intoxicated

### **Minor wounds + glass**

Clean, pressure, elevation, dressing

Caution of glass fragments in wound – consider A&E

### **Hot and cold**

Heat exhaustion – little fluids, hot day. Faint, hot, sick, rapid pulse and breathing. Sit down, cool place, fluids.

Hypothermia – cold night, small dresses – remove from cold environment, blankets

### **Faints**

Warning signs; rapid recovery, normal vital signs, no other medical problems

### **Wardrobe malfunction**

Happy to supply safety pins/tape if not otherwise busy

### **Fights**

Personal safety most important – don’t get involved until safe

Beware bite wounds/knuckle injuries on teeth – need antibiotics started same night

### **Emotional upsets**

‘Be fluffy’ ~ Sarah

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